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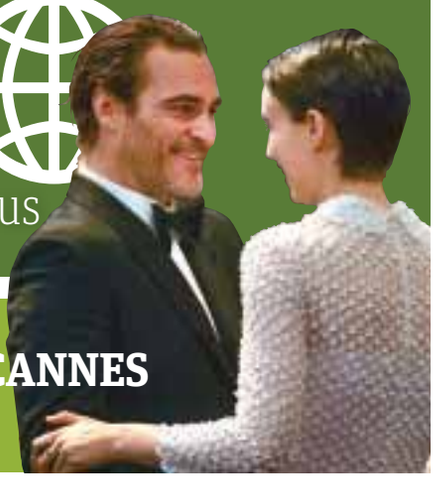

JOAQUIN PHOENIX WINS BIG AT CANNES

With girlfriend Rooney Mara by his side. 22

Kaya Scodelario doesn't do damsels in distress. 23

Mets could get Matz back by weekend. 30

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GROWING INVESTMENT

Investors are looking for more ways to get involved in the business of legal marijuana. 4

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SENATOR CALLS FOR JARED KUSHNER PROBE

1 The chairman of the Senate Judiciary Committee has called for an investigation into "potentially fraudulent statements and misrepresentations" made by companies promoting investment in a property development involving the family company of White House advisor Jared Kushner. Citing a May 12 report by Reuters, Chuck Grassley, a Republican senator from Iowa, requested a review of claims made by Chinese migration agency Qiaowai and the U.S. Immigration Fund in the marketing of the One Journal Square project in Jersey City, New Jersey, to potential investors in China. Grassley flagged his concerns to the Department of Homeland Security and the Securities and Exchange Commission in a May 24 letter that was later posted on his website. REUTERS

TIGER WOODS ARRESTED, CHARGED WITH DUI

2 Golf star Tiger Woods was arrested early Monday morning and charged with DUI in Jupiter, Florida, as first reported by WPTV West Palm Beach. The Florida native was taken into custody at 3 a.m. and was released at 10:50 a.m on his own recognizance. Once one of the greatest golfers in the game, Woods' career and life have been a mess for the better part of the last nine years.

Beginning with his divorce from Elin Nordegren, it was revealed that Woods was a serial cheater and a sex addict. On the course, he was unable to stay healthy as injuries continued to derail his pursuit of becoming the greatest golfer ever. JOE PANTORNO

EMERGENCY TARIFFS ON SOLAR IMPORTS

3 The United States has notified the other 163 members of the World Trade Organization that it is considering putting emergency "safeguard" tariffs on imported solar cells, according to a WTO filing published. The move raises the stakes in a global battle to dominate the solar power industry, which has grown explosively in the past five years. As production has increased, prices have tumbled, favoring producers who can take advantage of economies of scale. The United States, China and India are vying to be the market leader, and are looking out for any perceived breach of the international trade rules by their rivals. Last September, the WTO ruled that India was illegally discriminating against U.S. solar exports, while India launched its own WTO complaint about solar subsidies in eight U.S. states. REUTERS

MEMORIAL DAY

4 President Donald Trump participates in a wreath-laying ceremony at the Tomb of the Unknown Soldier at Arlington National Cemetery on Memorial Day in Arlington, Virginia. GETTY IMAGES

5 THINGS YOU NEED TO KNOW

ECUADOR SAYS ASSANGE CAN STAY AT EMBASSY

5 Ecuador's new leftist president Lenin Moreno said Julian Assange is a "hacker," making his strongest comments to date against the WikiLeaks founder while still stressing he could stay on in the country's London embassy. Moreno, who was sworn in earlier this month, has broken with his predecessor and mentor Rafael Correa, who had said Assange was a "journalist" and granted him asylum in London in 2012 to avoid extradition to Sweden over rape allegations. Assange, who denies the allegations, feared Sweden would hand him over to the United States to face prosecution over WikiLeaks' publication of thousands of classified military and diplomatic documents in one of the largest information leaks in U.S. history. REUTERS

WELCOME TO METRO.US!

RACHAEL VAUGHAN CLEMMONS

Joaquin Phoenix just won some very important award (Best Actor, perhaps you've heard of it?) at the Cannes Film Festival. Prestige! Success! All of that. But more importantly, he and girlfriend Rooney Mara kind of made their debut at the closing ceremony. **metro.us/entertainment**

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Investors are finding new ways to make money from legal cannabis. ALL IMAGES GETTY IMAGES

Legal weed is a millionaire's game, but there's hope for the little guy

Expert says marijuana means an opportunity for the "rich to get richer."

ERIN TIERNAN
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Ten years ago, investing in pot meant ponying up a few hundred dollars for an ounce to divvy up into dime bags to sell to your friends for a profit, but relaxing laws around medicinal and recreational cannabis have given way to a multibillion-dollar industry and a lot of opportunity for growth.

The legal weed market is growing so fast that it has been called the "green rush" — drawing comparisons to the California Gold Rush of the mid-1800s. Last year, North Americans spent $7 billion on legal cannabis products, a 34 percent increase over the prior year, and experts say spending will top $22 billion by 2021, according to the Arcview Group, a leading cannabis investment and market research firm.

That's a lot of green, and investors want to cash in, Arcview CEO Troy Dayton said.

"This industry is going to grow more than three times in the next five years, and that's just in the U.S. and Canada," he said.

But who will be making the most green off the budding cannabis industry? It will be the same high-market investors already capitalizing, Dayton said. This is partly because they are the ones with assets to invest and partly because federal securities regulations limit the options available to unaccredited investors. An accredited investor must have a net worth of at least $1 million, excluding the value of one's primary residence, or an income of at least $200,000 for each of the last two years.

"Unfortunately — and it's not fair that it works this way — it's just another way in America that the rich are going to get richer," he said.

But just because it's harder for the little guy to make a buck, doesn't mean it's impossible, Dayton said.

"Almost all opportunities open to nonaccredited investors are ancillary companies that don't touch the plant directly," Dayton said, noting there are plenty of these to go around. Ancillary companies include anything from soil and growing supply companies to vaporizer companies.

Another option is private companies that choose the crowdfunding route.

Billing itself as "the Amazon of cannabis," Hello MD is a tech startup opening up investment opportunities to small-time investors.

Hello MD provides a simplified solution for medical marijuana patients. It connects patients with doctors who can recommend a marijuana treatment, and it curates a marketplace for dispensaries to sell their products to patients. It has seen massive growth, now catering to more than 150,000 patients, and founders want to roll the platform out to other states where medical cannabis has been legalized.

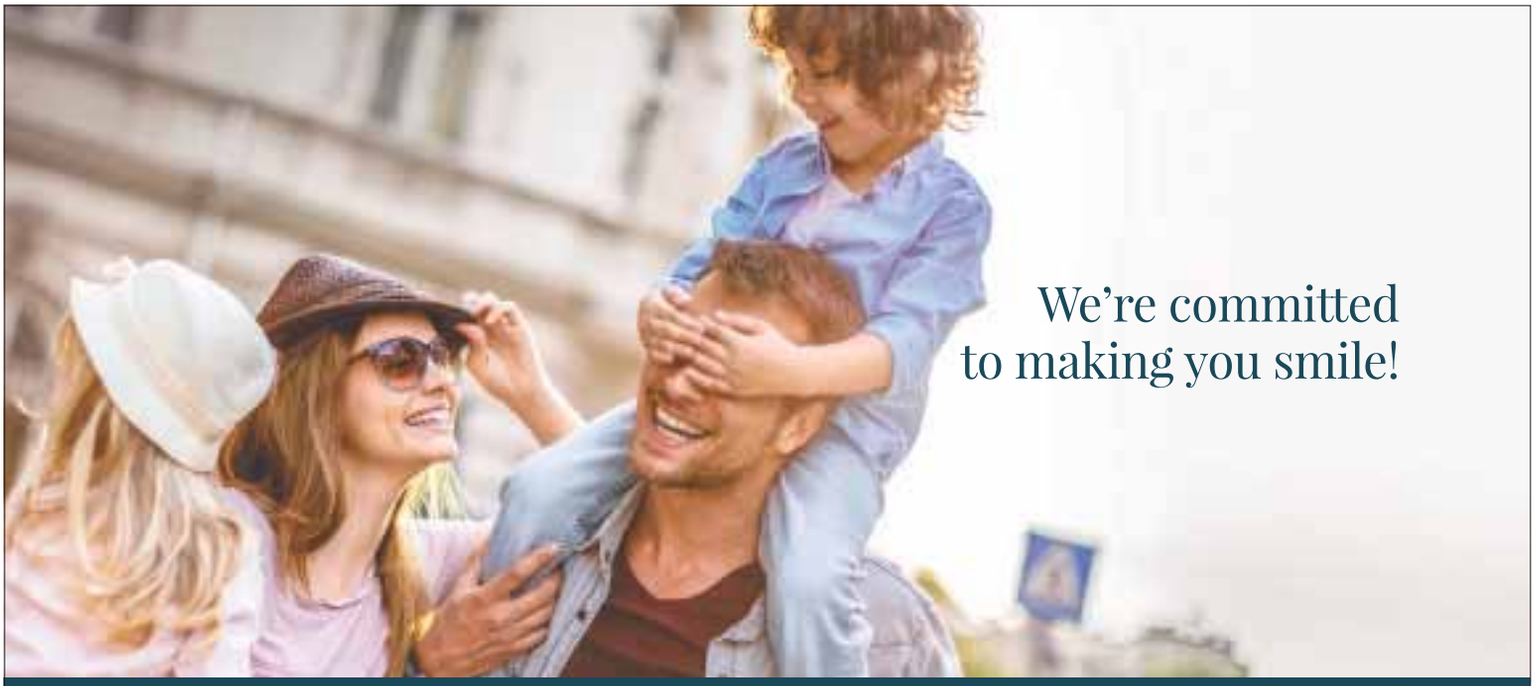
First on the list? New York, but CEO Mark Hadfield said all 28 states where medical marijuana has been legalized are in their sights.

The company made almost $2 million last year, but Hadfield said their cash flow is breakeven at this point, so they're reaching out to investors.

Using the crowdfunding platform SeedInvest, Hello MD is offering securities to anyone who can pay.

"The investors get stock in a private company — that's normally an opportunity available only to accredited investors," Hadfield said.

Hello MD has raised nearly $1 million already, and the investment campaign runs through July 3. The minimum investment is $500. Investors should expect to hold onto their investments until Hello MD lists on a national exchange or is acquired.



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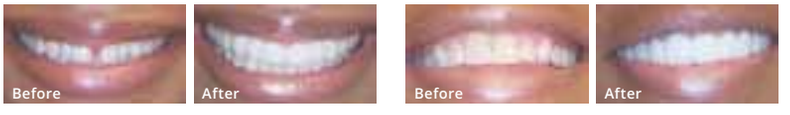

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Navy skydiver killed in NY Harbor parachuting accident

Parachuting accident killed SEAL during Fleet Week celebrations.

A member of the Navy's elite skydiving demonstration team plunged to his death Sunday when his parachute malfunctioned while performing in an aerial exhibition as part of New York Harbor's annual Fleet Week festival.

Coast Guard personnel pulled the parachutist from the water near the mouth of the Hudson River moments after the accident, witnessed by thousands of spectators watching the show from Liberty State Park in Jersey City, New Jersey.

The skydiver, a Navy SEAL commando performing as a member of the Navy Parachute Team, the Leap Frogs, was pronounced dead at the Jersey City Medical Center, Rear Adm. Jack Scorby told a news conference outside the hospital.

The parachutist's identity was being publicly withheld pending notification of his family.

The Navy Parachute Team logo. U.S. NAVY

The skydiver and other team members were conducting a jump into Liberty State Park when his "parachute failed to open properly and he landed in the water" adjacent to the park, Scorby said.

The admiral offered no further explanation about the cause of the accident except to say the parachute "malfunctioned." Eyewitnesses said the skydivers jumped from helicopters.

The Leap Frogs were performing as part of Fleet Week, a weeklong showcase that brings dozens of U.S. warships and thousands of service members to the New York City area every year.

The parachute team comprises active-duty Navy SEALs, Special Warfare Combatant-craft Crewmen and support personnel. It is sanctioned by the Defense Department and recognized by the Federal Aviation Administration, according to its website.

Bjoern Kils, 37, of Jersey City, was watching the event from a boat when he saw three Leap Frogs jump from a helicopter, complete their aerial maneuvers and land.

"Almost the same time that they touched down in Liberty State Park, we heard a splash and turned around very quick. I saw the water splash, and apparently there was a fourth parachutist," said Kils, who runs charter boats.

Kils recounted seeing emergency responders pull a man from the water and attempt to render cardiopulmonary resuscitation. "He was just limp in the water," he said.

Rich Collins, 59, a retired banker who was watching the show from a nearby marina, said he saw several parachutists make a jump, one with an American flag attached to an ankle, then saw two others higher up, "and one of them seemed not to have his chute." REUTERS

> *"Almost the same time that they touched down in Liberty State Park, we heard a splash and turned around very quick. I saw the water splash, and apparently there was a fourth parachutist."*
>
> Kils

Memorial Day in Section 60

Army veteran Rick Kolberg leans down to kiss the grave marker of his friend, Capt. Andrew Maitner, in Section 60 at Arlington National Cemetery on Memorial Day May 29, 2017 in Arlington, Virginia. Kolberg is outreach coordinator for Operation Enduring Warrior and participated in the Ruck to Remember, a 60 mile hike from Harpers Ferry to the cemetery over the Memorial Day weekend GETTY IMAGES

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President Donald Trump and Vice President Mike Pence at a speech given by the president. GETTY IMAGES

TRUMP'S AMERICA

PLUGGING THE LEAKY SHIP OF DONALD

OPINION

ELLIS HENICAN
@henican

Donald Trump hates leaks, really hates 'em, and I'll tell you how I know. He keeps saying so on the Twitter, which is the closest thing we have to a window on the leak-hating president's leak-hating soul.

He hates leaks almost as much as he hates anonymous sources and fake news.

"Whenever you see the words 'sources say' in the fake news media, and they don't mention names," Trump tweeted in his latest double-barrel digital outburst, "it is very possible that those sources don't exist but are made up by fake news writers. #FakeNews is the enemy!"

Take that, you leakers and leakees!

It's not hard to figure what had Trump so steamed. He's just returned from his despot-hugging and bill-collecting trip abroad, where he sucked up to Middle Eastern dictators and harangued America's closest European allies. And wouldn't you know it? His triumphant weekend return was undermined by a fresh batch of anonymously sourced leaks, fingering son-in-law Jared Kushner for secret back-channel communications with the very same Russians who had hacked the election that installed Trump as president.

But wait! When did Trump start hating anonymous sources and leaks so much?

He didn't hate them when he was the one doing the leaking. He didn't hate them in the 1990s when he created a false identity — PR man "John Miller" — to plant flattering stories about his own love life. He didn't hate them when he tweeted in 2012: "An 'extremely credible source' has called my office and told me that @BarackObama's birth certificate is a fraud." He certainly didn't hate leaks during last year's campaign when he begged WikiLeaks to leak Hillary Clinton's hacked emails.

This is a man, don't forget, whose own White House aides constantly go on background to speak with reporters. This man whose favorite rhetorical devise begins with the phrase, "Many people tell me" — followed by an assertion such as "thousands of Muslims celebrated" in New Jersey after 9/11 or "Obama tapped my phones."

And the leaks keep coming, by and about Donald Trump. Only now is it possible to articulate what can only be called the Official Trump Rule on Leaks: Believe no leaks unless you hear them directly from me.

Now go ahead and leak that, anonymous!

Metro columnist Ellis Henican is a veteran journalist, best-selling author and frequent commentator on CNN and other TV networks. Follow him on Twitter @henican.

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An increased number of protests is having a positive effect on the toilet industry.

The National Park Service requires one toilet per 300 attendees at protests. ALL IMAGES COURTESY GETTY IMAGES

Donald Trump presidency a boon to toilets

A demonstrable effect on job creation.

MICHAEL MARTIN
@MetroPhilly
letters@metro.us

President Trump has boasted of instantaneous job creation since inauguration — a rescued manufacturing plant here, the Obama-holdover unemployment rate there. Most of it has been viewed with skepticism, or been outright debunked. But there's one growth industry Trump can indisputably take credit for: portable toilets.

An upswing in organized protests — the vast majority of them left-leaning — has created an overwhelming demand for porta-potties in the Washington, D.C., area, the Washington Post reports.

Permits for protests are up 30 percent compared to this time last year, according to the National Park Service, which requires organizers to provide one toilet per 300 participants, 20 percent of which must be wheelchair accessible.

Rental company Don's Johns provided toilets for the Women's March, the People's Climate March and others this year. "All I'm going to say is that we love the activism. I'll leave it at that," Rob Weghorst, the chief operating officer, told the Post. "It's been good. It's made for an interesting and lucrative spring."

Frederick Hill III, owner of Gotta Go Now, says his porta-potty company has seen a 40 percent increase in revenue every month this year compared to 2016. This month, business is running 50 percent ahead of last year. "It seems that there are protests every week that we are doing," Hill said. "We're quite active with them." Gotta Go Now charges between $85 and $125 per toilet, including delivery and pickup.

Jordan Uhl, an organizer of the March for Truth on June 3 near the White House, told the Post that portable toilets will be the biggest expense of the protest: nearly $5,000. He and other organizers launched an online fundraising campaign for the march, most of which will defray toilet costs. "I guess it's just a compliment to Trump that he has been great for the local portable potty industry," says Uhl. "That's one good thing he's doing."

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First, you suffer with knee arthritis pain.

And that pain is having a dramatic affect on your life.

The pain not only stops you from doing simply things like getting up and walking without discomfort...

It makes your entire life miserable.

Life's just not worth living this way

I also know you have tried many things.

Pain pills, steroid shots, exercise and probably some "wonder cures" you saw advertised on tv or the internet.

None of it worked

And every time you got your hopes up just a little, you were just massively disappointed. Again.

Because of this, you are skeptical. Very skeptical. And you deserve to be.

Because nothing is more depressing than living in constant pain and...

Not getting any REAL answers

You might even be faced with getting knee replacement surgery.

This is a scary thought. Am I right?

No one wants knee replacement surgery. And, even though it has advanced considerably in recent years, it is still a MAJOR procedure with a lot of painful rehabilitation... and risk.

And, although some people need knee replacement surgery... many who think they do... do not.

I think we can agree... it should always be the last resort. And it should not be done if there is a better option.

Now that we know each other a little better, let me ask you this...

After all you have been through, are you still open-minded enough to try a new and revolutionary knee arthritis treatment...

If it could help you... and...

If you could afford it?

I bet you are. That's why you are still reading. Right?

Well, what if there actually was a real medical treatment... that could help YOU.

Even better... what if there was a super advanced treatment the rich and famous (and professional athletes) have already been using... that actually has the potential to not only eliminate your knee arthritis pain... *but possible heal it.*

And probably best of all... what if this treatment that used to be WAY out of your price range is now affordable by just about anyone.

Sounds too good to be true?

It sure does.

But it's true, and in just a moment I'm going to prove it to you.

And with that proof, you will discover new hope for your knee arthritis pain that might change your life... in as little as 30 days.

Here's what this is all about:

I'm sure you've heard about stem cell therapy and the reports of how wonderful it is.

Everyone has.

I'm sure you also know that rich celebrities and athletes have the money and connection to get treatments the "average Joe" can't.

It's not fair... but it's just the way it is.

For example, some medical clinics charge over $10,000 per procedure... and insurance does not pay.

I don't know about you... but that's a lot of dough for average folks!

Now for something you do not know...

Thankfully, medical technology changes fast. And with these advances, doctors should and can charge much less for certain procedures...

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An Italian surgeon, Dr. Carlo Tremolada discovered a revolutionary way to naturally prepare stem cells and treat knee and many other arthritis ailments.

Taking a small amount of your own belly fat... his specialized technique separates the stem cells... and then precisely places the them right back into the arthritic and painful joint.

This is a very unique procedure that some experts feel is superior to others (like bone marrow) because of the number and quality of stem cells (MSCs)... not to mention doctors do not have to punch a hole in your bone. OUCH!

The best part is the results. After the stem cells are placed into the arthritic joint... they begin to do their "magic" within 5 to 10 days.

These stem cells (MSCs) stop inflammation and begin to heal the arthritis pain.

Let's be clear about this:

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The doctors at *NY Pain MD* where ***personally*** trained in this Lipogems procedure by it's founder and leading expert, Dr. Carlo Tremolada.

They are getting incredible results with this cutting-edge medical procedure... and now... if you qualify... you can see if this treatment of the future can help your joint arthritis pain... right now.

And, obviously, for MUCH less than the $10,000 others charge.

You know, you're obviously really serious about finding an answer to your arthritis joint pain, possibly eliminating the pain and finally living and enjoying the life you really want... and I just want to take a moment to acknowledge you for that.

Most people never put aside their well deserved skepticism and take the time to educate themselves the way you have.

You are reading this admittedly lengthy message and you really have the commitment and determination to do this now.

That's another reason why you're perfect for this

It's specifically for people like you are open minded and took the time to get educated and who want to finally relieve their arthritis pain... because this treatment can possibly do that for you.

So, Here's What To Do Right Now

If you would like to find out if *Lipogems* can help you - you are invited in for a risk free no-obligation screening.

During this screening you will get a chance to ask questions and find out if you are a candidate for this advanced medical treatment - and what your best options are.

The screening is completely free and without obligation.

After your screening, you will breath a big sigh or relief knowing what your options are and the best way to deal with your pain.

If you are not sure - I know exactly how you feel. Arthritis pain is brutal. And it is hard to get straight answers.

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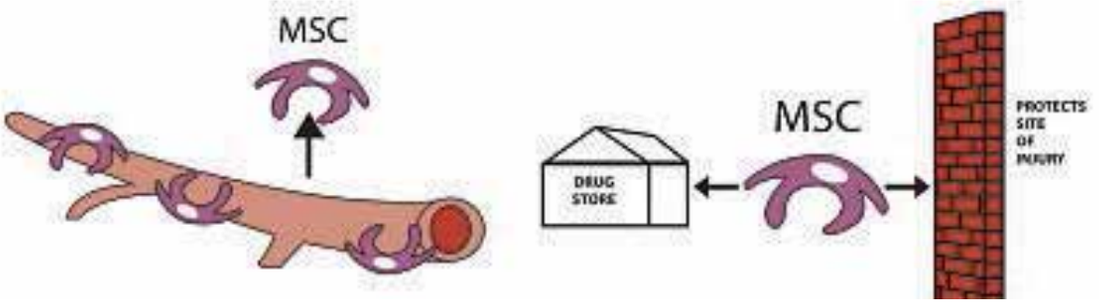

Stem Cell "Magic" Not Just For Rich and Famous Anymore? When injury and diseases such as arthritis occur, MSCs (a type of stem cell) come off blood vessels and (1) protect the site of injury and (2) produce the exact amount of healing chemistry or "natural drugs" necessary to safely heal the injury. Hopefully, you can look forward to avoiding surgery and getting off the toxic medications.

NYC PAIN MD

Brooklyn Memorial Day Parade in Bay Ridge

The United Military Veterans of Kings County held the 150th Kings County Memorial Day Parade in Bay Ridge, Brooklyn, on Sunday.

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Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application **by mail, send a self-addressed envelope to: Loring Place North, 87-14 116th Street, Richmond Hill, NY 11418.** Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than **June 14, 2017**. Late applications will not be considered.

What Happens After You Submit an Application?

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简体中文

访问 nyc.gov/housingconnect 在线申请。如要获取本广告及书面申请表的简体中文版，请将您的回邮信封寄送至：**Loring Place North, 87-14 116th Street, Richmond Hill, NY 11418**. 信封背面请用英语注明"CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请2017年6月14日。

Русский

Чтобы подать заявление через интернет, зайдите на сайт: nyc.gov/housingconnect. Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу **Loring Place North, 87-14 116th Street, Richmond Hill, NY 11418**. На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее **14 июнь 2017.**

한국어

nyc.gov/housingconnect 에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 반송용 봉투를**Loring Place North, 87-14 116th Street, Richmond Hill, NY 11418**으로 보내주십시오. 봉투 뒷면에 "KOREAN" 이라고 영어로 적어주십시오. **2017년6월14일**까지 온라인 신청서를 제출하거나 소인이 찍힌 신청서를 보내야 합니다.

Kreyòl Ayisyien

Aplike sou entènèt sou sitwèb nyc.gov/housingconnect. Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, voye anvlòp ki gen adrès pou retounen li nan: **Loring Place North, 87-14 116th Street, Richmond Hill, NY 11418**. Nan dèyè anvlòp la, ekri mo "HATIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tenbre yo anvan dat **jen 14, 2017.**

العربية

تقدم بطلب عن طريق الإنترنت على الموقع الإلكتروني nyc.gov/housingconnect. للحصول على ترجمة باللغة العربية لهذا الإعلان ولنموذج الطلب الورقي، أرسل مظروف يحمل اسمك وعنوانك إلى: **Loring Place North, 87-14 116th Street, Richmond Hill, NY 11418**. على الجهة الخلفية للمظروف، اكتب باللغة الإنجليزية كلمة "ARABIC". يجب إرسال نماذج الطلبات عن طريق الإنترنت أو ختمها بختم البريد قبل 14 يونيو، 2017.

Mayor Bill de Blasio
HPD Commissioner Maria Torres-Springer

13 New York Tuesday, May 30, 2017

Merkel rams home frustration with Trump after summits

German Chancellor Angela Merkel underlined her doubts about the reliability of the United States as an ally Monday but said she was a "convinced trans-Atlanticist," fine-tuning her message after surprising Washington with her frankness a day earlier.

In a speech in Berlin, Merkel showed how seriously she is concerned about Washington's dependability under President Donald Trump by repeating the message she delivered a day earlier that the days when Europe could completely count on others were "over to a certain extent."

She made those comments, which sent shock waves through Washington, after Trump criticized major NATO allies over their military spending and refused to endorse a global climate change accord at back-to-back summits last week.

German Chancellor Angela Merkel holds a glass of beer as she attends an election campaign event of the Christian Social Union, Bavarian sister party of her conservative Christian Democratic Union, in a beer tent at the Truderinger Festwoche fair in Munich, southern Germany, on May 28, 2017. GETTY IMAGES

"Recent days have shown me that the times when we could rely completely on others are over to a certain extent," Merkel said.

While she made clear Berlin and Washington would "of course" remain close partners, Merkel stuck to her language from Sunday.

> *"We also know that we Europeans must really take our fate into our own hands."*
>
> Merkel

"We also know that we Europeans must really take our fate into our own hands," she added, underlining Europe's frustration with Trump on climate policy in particular.

The American tycoon-turned-president backed a pledge to fight protectionism at the end of a summit of the G7 group of wealthy nations Saturday. But he refused to endorse the climate pact, saying he needed more time to decide.

Merkel added that ties with the United States were of "paramount importance," but she otherwise stuck to the thrust of her Sunday message, when she spoke in a packed Munich beer tent.

"It became clear at the G7, when there was no agreement with the USA, how long and rocky this path would be," Merkel said at a conference on sustainable development. "I think it was good not to gloss over the differences."

REUTERS

EUROPEAN UNION

PM May calls for strong backing to counter EU's 'aggressive' Brexit stance

British Prime Minister Theresa May will reiterate on Tuesday the need for strong leadership, calling Europe's stance on Brexit "aggressive" as she bids to regain political momentum in the face of a narrowing lead in polls before a June 8 election.

May, who called a snap vote to boost her majority before talks with the European Union, has seen her Conservatives' double-digit lead over the opposition Labour Party ebb after an attack in Manchester and a U-turn on social care.

In a speech on Tuesday, she will say that a hardening position by the remainder of the EU means that she needs a clear mandate from voters.

"They are adopting an aggressive negotiating position, which can only be met by strong leadership on behalf of Britain," she will say according to a pre-released copy of her speech.

"If we don't make a success of the next five years, our economic prosperity will suffer, jobs and livelihoods will be put at risk, and with them the security and peace of mind of working families," she will say.

REUTERS

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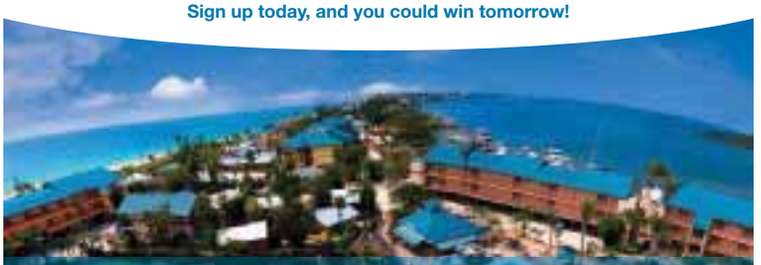

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Sen. McCain says Putin bigger threat than ISIS

McCain, a leading foreign policy voice in Congress, was speaking in an interview in Australia, where he has held security talks on his way to a defense summit in Singapore.

Sen. John McCain said Russian President Vladimir Putin is a bigger threat to global security than ISIS, and warned that the Senate would push for sanctions against Moscow for its alleged interference in the U.S. presidential election.

"I think he [Putin] is the premier and most important threat, more so than ISIS," McCain said in an interview on Australian Broadcasting Corp. television.

He said while there was no evidence the Russians succeeded in changing the U.S. election outcome, they were still trying to change elections, including the recent French vote.

"I view the Russians as the far greatest challenge that we have," said McCain, who is chairman of the Senate Armed Services Committee.

"So we need to have increased sanctions and hopefully when we come back from our recess, the Senate will move forward with sanctions on Russia and enact other penalties for Russian behavior."

McCain said he believes the national security team around Trump is developing a strategy that will lead to "victory" in Afghanistan, and Trump has great confidence in that team.

"I do believe that most of the time that he accepts their advice and counsel. Can I tell you that he does all the time? No. And yes, does it bothers me? Yes, it bothers me," he said. REUTERS

Sen. John McCain has been a critic of President Donald Trump. GETTY IMAGES

" I do believe that most of the time that he accepts their advice and counsel. Can I tell you that he does all the time? No. And yes, does it bothers me? Yes, it bothers me."

McCain

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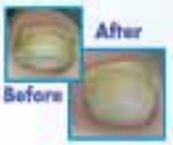

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Trump condemns fatal Oregon stabbings

The suspect, Jeremy Joseph Christian, 35, remained in custody Monday and will appear in state court on Tuesday on aggravated murder and other charges.

President Donald Trump on Monday condemned the fatal stabbings of two Good Samaritans who tried to stop a man from harassing a pair of women who appeared to be Muslim, in a tweet issued days after an advocacy group urged Trump to condemn the attacks it said his anti-Muslim rhetoric had encouraged.

A third man who also came to the aid of the women suffered serious wounds in the attack on a Portland commuter train on Friday, hours before the start of Ramadan, Islam's holy month. One of the women tearfully thanked the men for their sacrifice.

"The violent attacks in Portland on Friday are unacceptable. The victims were standing up to hate and intolerance. Our prayers are w/ them," Trump said in a Twitter message before taking part in a wreath-laying ceremony at Arlington National Cemetery.

The tweet appeared only on Trump's @POTUS account, which has about 12 million fewer followers than his better-known @realDonaldTrump account, where the president frequently expresses his personal views.

Trump's message came days after the Council on American-Islamic Relations called on the president to condemn the Oregon rampage and speak out against what the advocacy group sees as a rising tide of anti-Islamic sentiment. Anti-Muslim incidents increased more than 50 percent in the United States last year, it said.

Jeremy Joseph Christian PORTLAND POLICE BUREAU HANDOUT

Immediately after the stabbings, CAIR National Executive Nihad Awad said Trump has stirred up bigotry and racism "through his numerous statements, policies and appointments that have negatively impacted minority communities."

A convicted felon from Portland, Jeremy Joseph Christian was shouting ethnic and religious slurs to intimidate two women riding on a MAX light-rail train, according to one of the women and other witnesses.

> *"He told us to go back to Saudi Arabia and that we shouldn't be here and to get out of his country."*
>
> Mangum

"He told us to go back to Saudi Arabia and that we shouldn't be here and to get out of his country," said Destinee Mangum, who was on the train with a friend wearing a Muslim head scarf.

"He was telling us that basically we weren't worth anything and we should just kill ourselves," she said in a video posted on CNN's website Monday.

Three men aboard the train intervened, with one of them saying, "You can't disrespect these young ladies like that," Mangum said in the video.

In a tear-choked voice, Mangum said she did not know the men and thanked them for putting their lives on the line.

"They lost their lives because of me and my friend and the way we look," Mangum said.

The FBI is investigating the stabbings to determine whether to charge Christian with terrorism or a federal hate crime, said Portland FBI spokeswoman Beth Anne Steele.

A Go Fund Me account set up for the families of the men killed in the attack raised more than $420,000 by midday Monday and another for the wounded man raised more than $175,000. REUTERS

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British Airways vows 'never again' after costly IT collapse

British Airways said it would take steps to ensure there was no repeat of a computer system failure that stranded 75,000 passengers over a holiday weekend and turned into a public relations disaster.

BA had been forced to cancel all its flights from Heathrow, Europe's busiest airport, and Gatwick on Saturday after a power supply problem disrupted its operations worldwide and also hit its call centers and website.

The airline was returning to normal on Monday, planning to run more than 95 percent of flights from London Heathrow and Gatwick, with only a handful of short-haul flights canceled.

BA Chief Executive Alex Cruz said the root of the problem, which also affected passengers trying to fly into Britain, had been a power surge on Saturday morning which hit BA's flight, baggage and communication systems. It was so strong it also rendered the back-up systems ineffective, he said.

Travelers wait stranded at Heathrow Airport after British Airways flights where cancelled at Heathrow Airport in west London on May 27. GETTY IMAGES

Over the weekend, some stranded passengers curled up under blankets on the floor or slumped on luggage trolleys, images that played prominently online and in newspapers.

"Apologizes all well and good but not enough. BA has lost another loyal customer #disgraceful," tweeted Tom Callway, who had been due to fly to Budapest.

"Once the disruption is over, we will carry out an exhaustive investigation into what caused this incident, and take measures to ensure it never happens again."

Cruz

The company was left counting the cost of the disruption, both in terms of a one-off impact to its profit and the longer term damage to its reputation.

Flight compensation website Flightright.com said that with around 800 flights canceled at Gatwick and Heathrow on Saturday and Sunday, BA was looking at having to pay around 61 million euros ($68 million) in compensation under EU rules. That does not include the cost of reimbursing customers for hotel stays.

BA would fully honor its compensation obligations, Cruz said. Of the 75,000 passengers who missed out on flights, around two-thirds would have been flown to their destinations by the end of Monday, he added. REUTERS

AVIATION

US might ban laptops on all flights into and out of the country

The United States might ban laptops from aircraft cabins on all flights into and out of the country as part of a ramped-up effort to protect against potential security threats, Homeland Security Secretary John Kelly said.

In an interview on "Fox News Sunday," Kelly said the United States planned to "raise the bar" on airline security, including tightening screening of carry-on items.

"That's the thing that they are obsessed with, the terrorists, the idea of knocking down an airplane in flight, particularly if it's a U.S. carrier, particularly if it's full of U.S. people."

In March, the government imposed restrictions on large electronic devices in aircraft cabins on flights from 10 airports, including the United Arab Emirates, Qatar and Turkey.

Kelly said the move would be part of a broader airline security effort to combat what he called "a real sophisticated threat."

"We are still following the intelligence," he said, "and are in the process of defining this, but we're going to raise the bar generally speaking for aviation much higher than it is now." REUTERS

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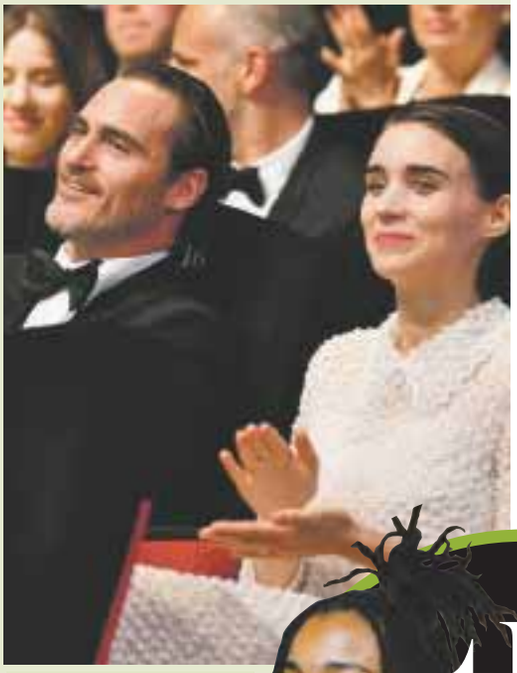
Scandal! Joaquin and Rooney held hands in public



Joaquin Phoenix just won a very important Best Actor Award at the Cannes Film Festival.

But more importantly, he and girlfriend Rooney Mara kind of made their debut at the closing ceremony. So let's just focus on what's important, eh?

First there was nuzzling.

Vulture reports that "You Were Never Really Here," the film that earned Phoenix his golden-leaf prize, premiered at 10 p.m. the night before the awards, and they'd seen "Joaquin nuzzling Rooney's neck as they headed home around 2 a.m." Nuzzling isn't so bad as canoodling, but it's still pretty bad.

Then there was the smiling and the chatting.

People reports that Mara, 30, and Phoenix, 42, were smiling and chatting throughout Cannes' closing ceremony, which kind of seems rude because like, should you guys even be talking during a fancy ceremony? The magazine has the sordid details. "At one point, the actor was even seen resting his hand on Mara's leg."

Woah, woah, woah! Save it for your special alone time, guys.

They also reportedly shared a "warm embrace" and held hands once. Scandal!

In closing: Things are getting serious, or whatever!

And that has been the requisite update on … Roonquin? Joaquiney? Neither of those are very good, but I'll workshop it.

Kim Kardashian also knew her marriage to Kris Humphries was doomed

Kim Kardashian showed up to "Watch What Happens Live!" to talk about Kris Humphries and it's all about as obvious as you suspect.

"I just thought, 'Holy s—, I'm 30 years old, I better get this together. I better get married,'" Kardashian said. "I think a lot of girls do go through that where they freak out thinking they're getting old and have to figure it out, all their friends are having kids. It was more of that situation."

The marriage — which Kardashian lovingly referred to as "that um, last marriage I had," lasted for 72 days. And as far as this gossip writer believes, was maybe set up as a publicity stunt by Mama Kris. Conspiracy theory!

Anyway, the "Keeping Up with the Kardashians" star admitted to Andy Cohen that she knew pretty immediately that the marriage wasn't going to last. "But I knew, [by the] honeymoon it wasn't going to work out." So yeah, not immediately after exchanging vows, but shortly after.

ALL IMAGES COURTESY GETTY IMAGES

Angelina Jolie wishes her mom was here

Angelina Jolie recently talked to Elle France about her divorce and her late mother, Marcheline Bertrand. Basically, she's wishing her mom was here to guide her through the whole painful divorce thing. Aw.

Jolie's mother had some experience with divorce herself, having split from Jolie's father, Jon Voight, when the "Maleficent" actress was just a toddler. And maybe she's the only divorcee Jolie knows, or maybe it's just a mother's love, but dang, she wishes her mom was around right about now. "I would give anything for her to be with me at this time," she told the magazine. "I've needed her. I talk to her often in my mind and try to think what she might say and how she might guide me."

Things have been tough for Jolie after her split from Brad Pitt. While the 53-year-old has been out gallivanting around promoting "War Machine" and his new sculpting hobby, Jolie is over here taking care of the children and waxing poetic to outlets in France.

Here's hoping Jolie will give us another tiny morsel next month, too.

Rachel Lindsay talks about diversity finding her forever

Rachel Lindsay, star of "The Bachelorette," a show about a bunch of slightly unhinged people looking for love, is opening up about this season, and what we can expect. She really does say words!

In an interview with The Hollywood Reporter, the 32-year-old dishes on this season's overall theme: diversity! Someone give the ABC execs a pat on the back for realizing the year is 2017! "Yes! I am fortunate, if you see the first episode, to have a very diverse cast," she says. "So you will see more diversity go a longer way through my journey."

"Race didn't play in as a factor when it came to choosing men along the way," Lindsay continued. "In my final decision, I just went with my heart and the person I found my forever with." OK!

She does have a ton of hot dudes to choose from. Like the hot guy who looks like Disney's Prince Eric. And sure, there's a guy who looks like Richard Spencer, and some sort of actual voodoo doll named AJ. But there's Prince Eric!

Meet the strong heroine in 'Pirates of the Caribbean'

Kaya Scodelario says she's doesn't know a single woman who is boring.

MATT PRIGGE
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The English actress Kaya Scodelario heads to the seas in "Pirates of the Caribbean: Dead Men Tell No Tales."
PETER MOUNTAIN

Kaya Scodelario doesn't do boring female characters. Instead, the women she's played are strong, fascinating and flawed. The 25-year-old English actress made her name on the TV show "Skins" and then as Catherine Earnshaw in Andrea Arnold's gritty take on "Wuthering Heights." She then graduated to "The Maze Runner" YA series, and now "Pirates of the Caribbean: Dead Men Tell No Tales." In the latter, Scodelario plays Carina, a fierce young women mistaken for a witch because of her love of science and astronomy. She winds up joining Johnny Depp's Captain Jack Sparrow on his latest adventure: trying not to get killed by an old nemesis (Javier Bardem) hellbent on revenge.

We talked to Scodelario about why women are superheroes, how corsets suck and why she adores "The Terminator"'s Sarah Connor.

Your character in "Pirates" isn't a damsel in distress. She's almost as angry as Catherine from "Wuthering Heights." She's an interesting, complex character.
That's something I always look for in all my roles. I don't know a single woman who is boring. We're not simple, we are hard to pin down, you can't define us by one thing. It's important to represent that on film, especially with something this huge. I wanted to make sure we understood that Carina is layered. She's a survivor, she's independent, she's got her own personal mission. She thinks the pirates are a bunch of idiots, and they probably are.

Were there female heroes in big movies you looked up to when you were younger?
I watched the "Terminator" movies when I was really young. I was obsessed with them. I always loved Sarah Connor. In "Terminator 2" — which is probably the best sequel to anything ever — she's fighting for what she believes is right. There's a huge moment where she has to make a decision to kill the guy she knows will ultimately cause Skynet to go live — I'm such a nerd about "Terminator," sorry [laughs] — and she has to make a moral decision. I loved how strong she was, I loved that she kicked ass, that she was muscley. Then she's also a mother. She's the kind of character I always look to for inspiration when I'm doing these action movies.

GETTY

It's neat that both this film and "Wonder Woman" have scenes where the female lead complains about having to do action stuff in gigantic period dresses that are wholly impractical for running and fighting. How was doing that?
It's insanely hard. I thought a corset would be cool to get dressed up in, but actually it sucks. I had a running bet with the camera crew that I'd make them all wear corsets, so they'd know what I'd been through for six months. And none of them did it. They all wimped out at the last second. We do have this great moment when Carina has to swim for her life. So she takes off her dress, because it's going to get in the way. We make jokes about it, but she's actually being incredibly practical. I always find it ridiculous when a girl goes through a long action set piece, and she's got lip gloss on at the end. Because I can't keep my lip gloss on for more than an hour.

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Creamline

For those who want just a little bit of sweet, cold, creamy goodness, Creamline is launching mini ice cream cones on June 1. The Ronnybrook Dairy soft serve comes in vanilla and chocolate flavors, and for the first two days Creamline is giving them away free at both locations. After that, they're just $1 each.
Chelsea Market and 180 Seventh Ave.

Mister Dips

After getting a late start at the end of September last year, Andrew Carmellini's seasonal ice cream stand is back in business in Vale Park at the William Vale Hotel. The 1974 Airstream trailer is once again cooking up burgers and serving its signature dipped cones, with the Jacker-Crax (buttered caramel popcorn and salted peanuts) and Malter Cronkite (crunchy malt-chocolate twist) and newcomer Berry Gibbs, a boozy strawberry ice cream with vanilla wafter, topped with whipped cream.
Open daily noon to 9 p.m.,
111 N. 12th St., Williamsburg

NOAH FECKS

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Mah-Ze-Dahr

Acclaimed West Village bakery Mah-Ze-Dahr is rolling out soft serve (and making its own cones and toppings, of course) beginning Memorial Day weekend. Flavors will rotate — first up is Madagascar vanilla bean and dark chocolate, both gluten-free, with toppings like dark chocolate brownie bites, vanilla meringue, candied hazelnuts, deep blue M&Ms and marshmallows. Word is head baker Umber Ahmad is also working on the perfect ice cream sandwich!
28 Greenwich Ave.

Dominique Ansel

The only thing better than cold-brew coffee is cold-brew-coffee ice cream, now available at Dominique Ansel Kitchen's soft-serve window in the West Village. Just reopened for the season, the tiny shop is bringing back its signature Burrata soft serve topped with balsamic caramel, microbasil and a whole confit strawberry inside the cone, paired with a new flavor each month.

First up is the cold-brew soft serve, which takes three days to make and comes with anise biscotti and milk foam. For July, the flavor will be white peach with salted pistachios and lavender honey, then in August comes dark chocolate olive oil with fig agrodolce and sea salt. All flavors are made from scratch and served in housemade honey-tuile waffle cones. The window is open Wednesday-Thursday 3 p.m.-9 p.m., Friday-Saturday noon-10 p.m., Sunday noon-9 p.m.
137 Seventh Ave. S.

If sorbet is more your thing, Dominique Ansel Bakery has debuted a kiwi ice cream sandwich that looks like an entire fruit smushed into a Klondike-style square bar, but of course it's all Ansel dessert magic using kiwi sorbet, Tahitian vanilla ice cream and poppyseeds.
189 Spring St.

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Magnum New York

The ice cream brand pops up for a second year with a DIY dipping bar at 875 Washington St. in the Meatpacking District. Your choice of vanilla or chocolate ice cream is hand-dipped in dark, milk or white chocolate — then comes the fun part of choosing from the 20 options at the topping bar like crispy fig, rose petals and gold candy. Make Magnum New York your late-night ice cream stop, as the store is open until 11 p.m. on Friday and Saturday and 10 p.m. the rest of the week. ***Through October***

Kellogg's

Times Square's all-day cereal bar has been a hit since it opened last fall, even featuring collaborations with big-name chefs like Bocuse d'Or winner Mathew Peters. Beginning Memorial Day, Kellogg's will be serving a Deconstructed PopTart Sundae made with strawberries-and-cream soft serve from Brooklyn's OddFellows, housemade sour strawberry jam, toasted Pop-Tart Crumbs and rainbow sprinkles. ***Through May 11, 1600 Broadway***

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Daily Provisions

The warm weather brings a whole new reason to check out Danny Meyer's new Daily Provisions: Portland's Salt & Straw creamery, makings its NYC debut with two new flavors. The bread-inspired Salted Caraway Rye is made with sweet cream infused with molasses and toasted rye, swirled with strawberry jam and poppyseed cheesecake. Next up, the Joe Coffee & Flecked Chocolate is a base of Peruvian coffee and chocolate ice cream spattered with molten chocolate. Two more flavors, caramel sea salt and double fold vanilla, are also available during lunch and its newly launched dinner service. ***103 E. 19th St., Gramercy***

By Chloe

Who says sweet potatoes are for Thanksgiving? The vegan mavens at By Chloe are jumping on the trendy ube, the Filipino yam whose oh-so-chic purple color makes it both nutritious and 'gram worthy. Their Ube S'Mores swirls ube ice cream with chocolate-covered graham crackers and toasted marshmallows in single-serving cups ($4.95) or pints ($9.95), joining the other Chill by Chloe flavors available at all locations including the kale cookies and cream (yeah, they went there) and chocolate chocolate. ***eatbychloe.com***

MIKEY POZARIK

Lou & Grey's 'Girl Talk' series is a powwow of the female mind

SOFIA TOMÉ

Nothing beats a good girl talk session, and Lou & Grey knows this.

The comfy/chic women's clothing brand is on a mission to inspire others to get creative and kickstart their careers through real conversations with powerful ladies. In partnership with OKREAL, Lou & Grey has been hosting a series of free talks in its Fifth Avenue store with some of the most inspiring lady bosses around, among them entrepreneurs, authors, designers and chefs.

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The audience is also invited to pose questions — and who doesn't want free advice from women who are killing it?

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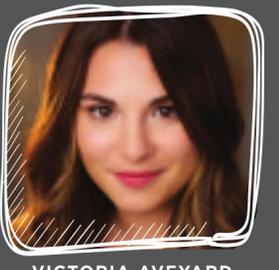
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ABQ NY is housed inside an actual RV modeled after Walter White's mobile meth lab. ABQ, FACEBOOK

Get your reservations now for a "Breaking Bad"-themed bar inside an RV coming this summer.

EVA KIS
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The only time cooking a cocktail is acceptable is when you're doing it in Walter White's meth lab.

Of all the things "Breaking Bad" gave the world, it's safe to say nobody predicted a themed bar inside an RV modeled after the makeshift laboratory of Bryan Cranston's chemistry-teacher-turned-drug-manufacturer.

Yet that's exactly what ABQ has been doing in London and Paris since 2015, with staff dressed in yellow biohazard suits guiding guests in creating cocktails like Blow (vodka, Cointreau, rosewater and something called "butterfly tea") and Pinkman (fennel-infused gin, shrub, rhubarb syrup, bitters, lemon) — 100,000 satisfied "meth heads" served so far!

This summer, it's time for a road trip as ABQ (short for Walter and his "colleague" Jesse Pinkman's home turf of Albuquerque, New Mexico) brings its mobile bar to New York. This isn't just a quick pop-up, either — they'll be serving cocktails in Erlenmeyer flasks for a few months. Still, it's only for a limited time: "After all, we are now in the DEA-land!"

Signups are open to be notified when tickets are released. Details are still sparse, including its location, though it will be somewhere in Brooklyn. Tickets will run you $45 for a two-hour stay inside the RV and three cocktails.

The experience goes something like this: Groups of up to 30 are beckoned inside the lab by an uncanny Walter White look-alike. You'll be welcomed with a drink (non-alcoholic options available, these guys aren't pushers), then spend an hour with a chemistry set doing molecular mixology to "cook up" two more cocktails. You'll have another hour to enjoy them in the ambiance — aah, black lights, test tubes, graffiti and high school chemistry.

While you wait for your fix, there's the permanent "Breaking Bad"-inspired coffee spot, Walter, in Bushwick, serving perfectly legal all-ages brews (and, wink-wink, rock candy).

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Lower Manhattan is your summer cheap eats destination

Summer brings a lot to get excited about, and one of the best is the return of great deals that make usually pricey Lower Manhattan a more appetizing destination.

Today marks the return of #GetLow, a summer-long promotion of offers on dining and drinks after 4 p.m. on Tuesdays in an area that's booming with new openings.

Set up by the Downtown Alliance, this year's #GetLow features 35 restaurants and bars offering various discounts like 20 percent off pastries at Epicerie Boulud, which just opened in the Westfield World Trade Center mall, buy-one-get-one drinks at riverside brunch favorite Fresh Salt, and a free appetizer or dessert (with purchase of two entrees) at the Conrad Hilton's Atrio Wine Bar & Restaurant.

To get the deals, which are good every Tuesday through Aug. 29, download the #GetLow punchcard and show it on your phone when you order. Just remember that the offers don't include tax or tip, so be sure to give some of that cash you saved back to the hardworking waitstaff.

Find the full list of participating venues and their deals online at downtownny.com.

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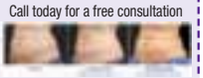

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wellbeing

Vaccines can prevent hepatitis A and B. ISTOCK

According to the Department of Health and Human Services, as many as 3.5 million people in the U.S. are living with hepatitis C, one of several strains of the condition characterized by inflammation of the liver. May is Hepatitis Awareness Month, so we talked to Dr. Douglas Dieterich, director of the Institute of Liver Medicine at the Icahn School of Medicine at Mount Sinai, for some insight into the prevention and treatment of hepatitis A, B and C.

What is the difference between hepatitis A, B and C?

Hepatitis A is spread by water and food and a fecal-oral manner. It always causes acute infection but never becomes chronic and there's a very effective vaccine now. Hepatitis B is spread through blood and sex, and the majority of cases globally are spread at birth and maternal-fetal transmission. There's a very effective vaccine for it, which all of our children and most of our healthcare workers have been receiving since 1991.

Hepatitis C is a different sort of virus all together. It is spread by blood contact through contaminated needles or blood supply. There's no vaccine for hepatitis C, but there is a cure available if you do have it.

What are the symptoms?

They are all the same for anybody with liver disease: jaundice, yellowing of the eyes, itchiness of the skin. If it's really severe, it can cause confusion and swelling of the abdomen.

Who should be tested?

Frankly, I think everyone should be tested for hepatitis A, B and C, vaccinated if they are not immune to A and B, and of course treated if they have hepatitis C.

The CDC recommends all baby boomers (born between 1945 and 1965) be tested for hepatitis C. However, there is a new epidemic of heroin abuse, and the same number of people under 30 have hepatitis C now as the baby boomers, so we are suggesting universal screening for hepatitis C.

How is it treated? What are the outcomes for treatment?

Hepatitis C is easily treated now with all oral medication pills once a day for eight, 12, 16, or 24 weeks with very close to a 99 percent cure rate. Hepatitis B also is easily controlled and the virus suppressed, which reduces complications, but we don't have a cure yet. There is no treatment for hepatitis A.

SHEILA DOUGHERTY

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SARA FEINSTEIN
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Prosthodontists make smiles look beautiful and function the way they should. ISTOCK

Often the "architects" of a dental treatment plan, prosthodontists collaborate with general dentists and other professionals to develop a strong method for restoring and replacing teeth. After years of highly specialized training in procedures and the latest technologies, they are well-equipped to handle the most intricate of dental issues.

We spoke with Dr. Frank J. Tuminelli, the past president of the American College of Prosthodontists, to find out more.

What does a prosthodontist do?

These specialists do everything from putting an implant bridge or veneers on a patient's missing teeth to completing a complex full-mouth rehabilitation. "I like to call them the Michelangelos of dentistry."

What schooling do you need?

After finishing undergraduate studies, those looking to enter the field need to complete four years of dental school. Then comes an additional three to four years of specialized training in prosthodontics. "If you're accepted to a university-based program, you go straight from dental school into a prosthodontic program, which is three years long," he explains. "Hospital based programs, however, require students to first do a general practice residency before they apply, so going that route would take four years."

What's the typical salary?

The median annual salary for prosthodontists is $168,140, according to the most recent reports by the Bureau of Labor Statistics. The best-paid in the profession made $212,600, while the lowest-paid made $74,990.

Is it hard to find employment?

"It really depends on where," says Tuminelli. "If you take a market like New York City or Los Angeles, where there are already a high concentration of prosthodontists in practice, it might be a little bit more difficult to break in as a solo practitioner."

But that's not always a bad thing, considering a lot of young prosthodontists aren't always interested in opening up their own office, he explains. "Oftentimes, they start off by working in a general-practice office performing the complex procedures for dentists— and there's a need for them there."

The Bureau of Labor Statistics projects an 18 percent employment rise between 2014 and 2024, driven in part by the boomers who need to undergo complicated dental work as they age.

The pros

"The most rewarding part of the job is the fact that you actually change people's lives," says Tuminelli.

"In a very short period of time, you can take individuals that are socially inhibited because of their teeth and restore their smile, confidence, and improve the quality of their life."

Prosthodontics also sits at the forefront of technology, he continues, "so there's always something new to learn."

The constantly evolving landscape — the process of making dentures, which once took weeks, can now be digitally designed in one day — makes for a continuous intellectual challenge.

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KATE MOONEY
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After a long winter spent on the elliptical at the gym, we need some fresh ideas. So we asked trainers from top gyms and studios to find out the hottest fitness trends for the summer.

Anytime, anywhere workouts

"What I'm finding to be the big buzz is a return to body-weight training," says trainer Jenn Menzer. "Workouts you can do anytime, anywhere with no equipment. Think squats, lunges, burpees, mountain climbers, dips, planks, pushups." More and more clients are also training from the comfort of their living rooms or hotel rooms — wherever's convenient, she says. "I train clients for strength, pilates and yoga, all through remote training with a laptop or tablet."

At YogaSpark, clients do their poses under blacklight. INSTAGRAM, @YOGASPARKSTUDIO

Yoga gets unconventional

From beer yoga to hip-hop vinyasa, there is no one way to get your asana on the mat. At YogaSpark, a hot power yoga studio, classes are offered under blacklight — wear white or neon, and you'll glow throughout the poses.

"I think a lot of people say yoga is getting away from the traditional, but I think it's becoming more accessible," says Julia Yarwood, a yoga instructor and manager at YogaSpark. "[The result is] more people get their yoga in, in their own way."

Group fusion classes

Fitness mash-ups are all the rage. "With fusion, you get two classes in one workout," explains Maryann Donner, the vice president of Group Fitness Programming at New York Health & Racquet Club. "Summer is a busy season and fusion classes are fun, dynamic, and bring the sweat on fast!"

Popular options include PlyoJam, a dance class fused with intense plyometric training (essentially, interval work that focuses on jumping); or Tread and Shred, a circuit-style training series which includes treadmill and weight training intervals.

Equinox Gym's newest endeavor, Project, allows trainers to design their own classes, which often include creative combinations. Trainer Kirsty Godso leads a combo HIIT workout followed by an advanced regeneration session from yoga instructor Leah Kim.

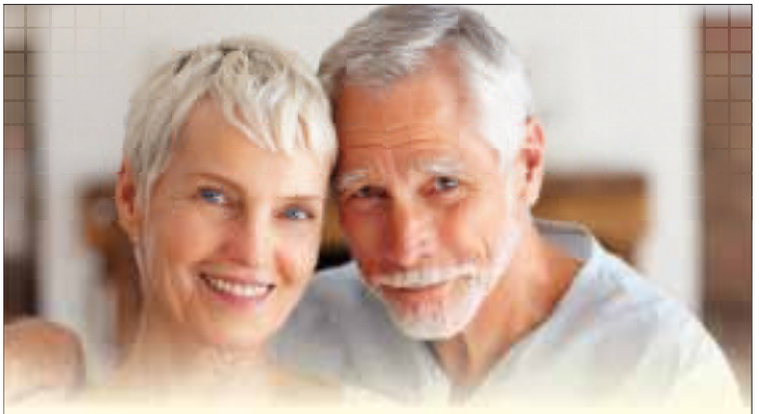
"Because the classes are combined, Leah can tailor the stretch and yoga flow to specifically focus on key movements and exercise from the HIIT workout," explains Godso. "Guests have been loving the combination as it not only promotes advanced recovery, but is a beautiful, relaxing way to wind down after a busy day."

Spinning: It's lit

It's not enough to just get on the indoor bicycle and pump; more and more classes are providing entertainment as you ride. At ImaxShift, riders pedal to the backdrop of music videos or outer space on the big screen. At Crank NYC, lead instructor Amanda Margusity says it" also changing with the season.

"With summer music festivals on the horizon, we're noticing our riders want a live music experience, so we're kicking off a new live DJ class to satisfy this demand," she says.

"The class will be a fun, immersive and interactive atmosphere with glow sticks & other festival-inspired items." Spinchella, anyone?



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Mets lefty Steven Matz could return to team by next weekend

The southpaw looked solid during his triple-A rehab start on Sunday.

JOE PANTORNO
@joepantorno
joseph.pantorno@metro.us

The Mets could be getting Steven Matz back in less than a week after his solid triple-A outing on Sunday. GETTY IMAGES

Within a helter-skelter 2017 that has seen pitching become the problem, the New York Mets have received some good news for a change regarding one of their big arms.

Left-hander Steven Matz, who was sidelined just before the start of the regular season due to elbow inflammation, could join the rotation and start as soon as this coming weekend against the Pittsburgh Pirates, as first reported by the New York Post.

The 26-year-old was a sight for sore eyes during his triple-A rehab start for Las Vegas on Sunday. Matz spun together five perfect innings while striking out eight.

"In Vegas, a day game in Vegas? You better believe [it was impressive]," manager Terry Collins said, via NJ.com. "Five perfect innings in Las Vegas? I played a lot of games in Las Vegas and I'm not sure I've ever seen that."

The Mets pitching staff has been inconsistent and generally ineffective this season. As of Monday night, they had the worst ERA in the majors and their 20 quality starts were in the bottom 10 of the league.

With Matz, Seth Lugo and Noah Syndergaard all out due to injuries, the Mets were forced to turn to the likes of Robert Gsellman, Tommy Milone, Rafael Montero and Adam Wilk to start games this season.

None of the three won a single game or have an ERA under 8.24.

At the top of the rotation, Jacob deGrom, Matt Harvey and Zack Wheeler are starting to find their stride, but a team that is already facing the reality of falling out of contention within the National League East needs its greatest strength to return to form.

Matz will at least provide a fourth option that has shown he can succeed at the MLB level. That being said, Mets fans shouldn't hold their breath given his inability to stay healthy.

Even more good news for the Mets was that Seth Lugo also pitched on Sunday, his third rehab start in double-A Binghamton after he suffered a partially torn UCL in early April.

With experience as both a starter and reliever, the Mets could slot a healthy Lugo wherever they'd like at this point.

The bullpen has been even worse than the starting pitching with nine blown saves, a save percentage of 52.63 and a .271 batting average against.

After stepping in last season for a depleted Mets pitching staff, Lugo appeared in 17 games in 2016, going 5-2 with a 2.67 ERA.

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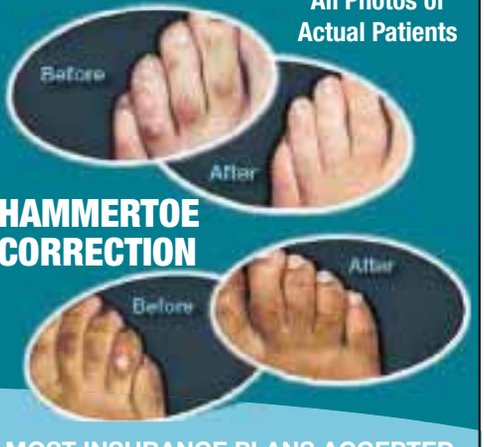

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Islanders, Rangers draft profiles

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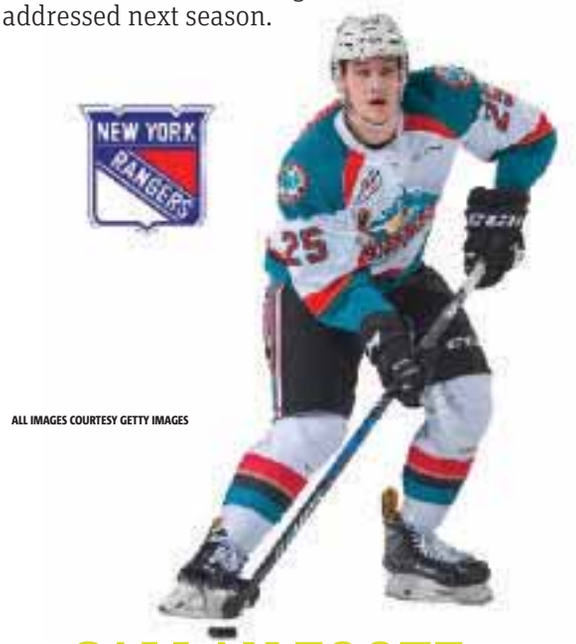
JOE PANTORNO



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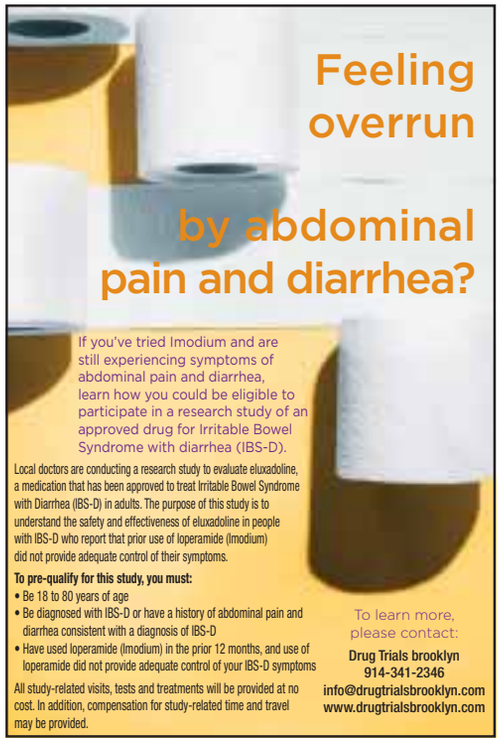

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Attorneys for Plaintiff.

NOTICE OF FORMATION of Cozy City Living II, LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 09/21/2016. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 47 Avenue A, Suite 12, New York, NY 10009. Purpose: Any lawful activity.

NOTICE IS HEREBY GIVEN that a license, Number 1302556, for On Premises Liquor has been applied for by the undersigned to sell Liquor, Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 3668 Broadway, New York, NY, for on-premises consumption. Manny's Restaurant Inc.

NOTICE IS HEREBY GIVEN that a license, Serial # 1302481, for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail under the Alcoholic Beverage Control Law at 158 Bedford Ave., Brooklyn, NY 11249. Kings County, for on premise consumptoin. Aleyin LLC.

NOTICE IS HEREBY GIVEN that a license, Serial # 1302552, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 186 9th Ave., New York, NY 10011. New York County, for on premise consumption. Pastaiat Inc.

NOTICE IS HEREBY GIVEN that a license, Serial # 133469, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 1006 Flushing Ave., Brooklyn, NY 11237. Kings County, for on premise consumption. Second Best Restaurant Inc.

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NOTICE OF SALE

SUPREME COURT
COUNTY OF QUEENS
JPMORGAN CHASE BANK, NATIONAL ASSOCIATION, Plaintiff
-against- MOHIBUL ISLAM, MOHAMED ISLAM, et al
Defendant(s). Pursuant to a Judgment of Foreclosure and Sale entered on February 10, 2017. I, the undersigned Referee will sell at public auction at the Queens County Supreme Courthouse, 88-11 Sutphin Boulevard, Courtroom # 25, Jamaica, N.Y. on the 9th day of June, 2017 at 10:00 a.m. premises described as follows: All that certain plot, piece or parcel of land, with the buildings and improvements, thereon erected, situate, lying and being in Jamaica, Fourth Ward, Borough and County of Queens, City and State of New York. Said premises known as 87-11 150th Street, Jamaica, N.Y. 11435 A/K/A 150-01 87th Road, Jamaica, N.Y. 11432. (Block:9707, Lot: 86). Approximate amount of lien $1,269,352.22 plus interest and costs. Premises will be sold subject to provisions of filed judgment and terms of sale. Index No. 3622/2010. Alan C. Kastenbaum, Esq. Referee.
Fein Such & Crane, LLP
Attorney(s) for Plaintiff
28 East Main Street, Suite 1800
Rochester, NY 14614
(585) 232-7400

NOTICE OF FORMATION of Better Call George LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 4/07/2017. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 1675 York Ave., Ste. 18C, New York, NY 10128. Purpose: Any lawful activity.

NOTICE OF FORMATION of DINHAMD LLC Articles of Organization filed with the Secy. of State of New York (SSNY) on 4/24/2017. Office location: Bronx County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 1487 Bryant Ave., Apt. 1, Bronx, NY 10460. Purpose: Any lawful activity.

NOTICE OF FORMATION of Cozy City Living I, LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 09/21/2016. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 47 Avenue A, Suite 12, New York, NY 10009. Purpose: Any lawful activity.

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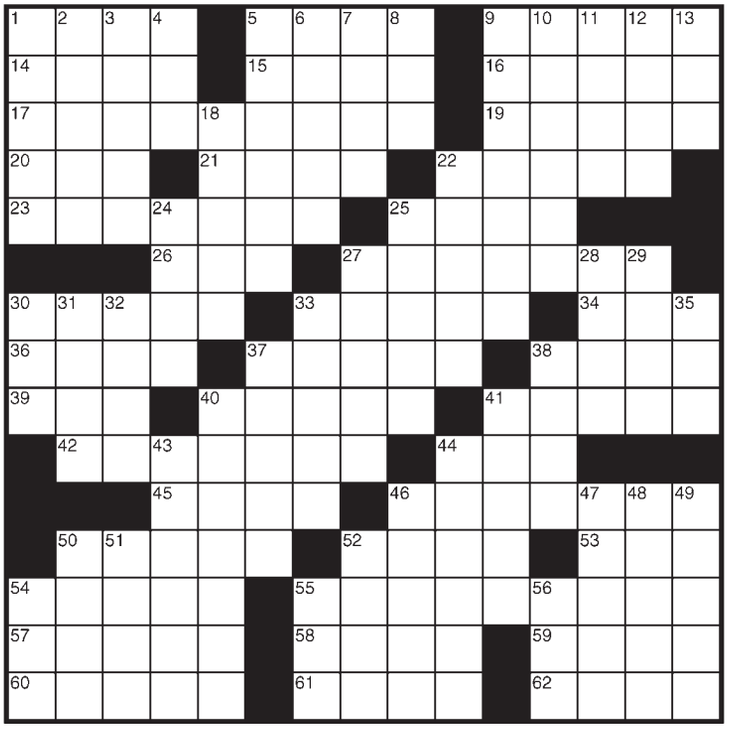
Across
1 Turquoise kin
5 Forest disguise
9 Brat, plus
14 Mugs
15 Had some bills
16 Consolidate
17 Slapdash
19 Els or Banks
20 Scratch out a living
21 Your Majesty
22 S'il vous --
23 Inferred
25 Hold firmly
26 Bucket of bolts
27 Disheartened
30 Cut too short
33 Unfledged
34 Kind of grin
36 Dressy event
37 Mountain range
38 Droplet
39 Mao -- -tung
40 Long bout
41 Vonnegut and Cobain
42 Qualm
44 Motor lodge
45 Like good brandy
46 Mysteries
50 Couch
52 -- -finding mission
53 Literary compilation
54 Zenith opposite
55 Lioness's suggestion (3 wds.)
57 Solo
58 Bahrain VIP
59 Historical periods
60 Made a heap
61 Caves, often
62 Pita treat

Down
1 Longed for
2 Tremor
3 Hiked the price
4 Bonfire remains
5 Snugger
6 Oscar or Tony
7 Just
8 Funny-peculiar
9 Swordplay
10 Mesmerized
11 Kind of series
12 Never heard -- --
13 TV's "Science Guy"
18 Show biz org.
22 Wrinkled fruit
24 Pac-12 sch.
25 Estimate
27 Leap aside
28 Pitcher
29 Confound it!
30 Barracks off.
31 One of the Mamas
32 Guinness or Baldwin
33 Give way
35 Fabric meas.
37 Turn color, maybe
38 Keg stopper
40 Type of doughnut
41 Stretchy fabrics
43 Arroyo
44 Acquires, as debt
46 Get takeout, perhaps (2 wds.)
47 Join a union?
48 Poet's adverb
49 Final word (hyph.)
50 MOMA artist
51 Archaeology find
52 Wife, to a lawyer
54 Forty winks
55 Was in front
56 Violin knob



metro.us/sudoku

easy

7			5			2		6
	8					4		3
2			7			9		
		6		1				2
	1		2	7	4		9	
8				9		5		
		3			6			9
6		8					5	
4		2			1			7

hard

			4	6	5		3	
	3							
1		4	9					5
7		9			4		1	
4			3		9			7
	8		7			9		2
6					7	2		3
							7	
	5		2	3	8			

metro.us/horoscopes

Aries A meeting with an old flame or someone you want to work with in the future looks promising. Your enthusiasm and appeal will encourage favorable negotiations.

Taurus Keep busy building your skills, knowledge and experience. The more you do to ensure that you will get ahead, the less time you will have for petty arguments.

Gemini You will find it difficult to tame your emotions. Don't share personal information or opinions that may be used against you. Focus on physical improvements.

Cancer Listen carefully and try not to judge what others say or do. It's in your best interest to remain neutral if you want to avoid getting into a heated discussion.

Leo An incident at work or that can affect your reputation will crop up. Deal with such matters swiftly to avoid any backlash. It's important to get along with your peers.

Virgo Refuse to let your emotions take over. A discussion that is not based on practical or rational beliefs will frustrate you. Concentrate on what you can do.

Libra Get involved and make a difference. Share your ideas and demonstrate how you plan to make positive changes that will benefit you and your community.

Scorpio Stay on top of your professional responsibilities and don't be afraid to put your own unique signature on your work. Your bold actions will separate you from others.

Sagittarius You will learn much if you take note of what others do and say and how they react. A change in the way you live will result from your observations.

Capricorn Share information with a friend, but don't put your money into a joint venture. You will do best working on improvements that will enhance your appearance.

Aquarius Put more into your interactions with children, parents or a loved one. A playful attitude will encourage the people you care about to do and be their best.

Pisces Emotions will get in the way of good decisions when dealing with matters concerning how you earn your living or interact with your peers. EUGENIA LAST

Yesterday's answers

D	O	L	E			R	O	S	A		S	L	I	M
I	R	A	N		W	I	L	T	S		H	A	V	E
A	C	C	T		E	M	A	I	L		E	R	A	T
L	A	S	H	E	D		F	E	E		L	A	N	E
			U	R	G	E		S	E	A	L			
	P	A	S	S	I	N	G		P	H	A	S	E	S
B	I	D	E		E	N	Y	A		S	C	A	L	E
O	N	O			S	U	R	F	S			D	O	T
S	T	R	E	W		I	O	T	A		T	A	P	S
C	O	N	J	O	B		S	E	C	R	E	T	E	
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O	M	I	T		A	L	E	U	T		H	U	L	A
B	O	L	E		T	I	N	T	S		E	M	I	R
S	O	L	D		E	S	T	A			R	E	A	D

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